

## Responding to Opioid overdose

\*If student-specific orders are on file, they should be followed.

### How to use NARCAN (Naloxone) Nasal Spray

1. Identify Opioid overdose and check for response from individual

- Ask person if he or she is okay and shout name
- Check for signs of opioid overdose:
  - Will not wake up or respond to your voice or touch
  - Breathing is very slow, irregular, or has stopped
  - Center part of their eye is very small, sometimes called “pinpoint pupils”
- **Shout for help, call 911, get an AED**
- Lay the person on their back to receive a dose of NARCAN (Naloxone) Nasal Spray.

2. Give NARCAN (Naloxone) Nasal Spray

- Remove Naloxone HCL Nasal Spray from box
- Peel back the tab with the circle to open the Naloxone HCL Nasal Spray
- Hold the Naloxone HCL Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
- Gently Insert the tip of the nozzle into either nostril.
  - Tilt the person’s head back and provide support under the neck with your hand. Gently insert the top of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person’s nose.
  - Press the plunger firmly to give the dose of Naloxone Nasal Spray.
  - Remove the Naloxone HCL Nasal Spray from the nostril after giving the dose.
  - Move the person on their side (recovery position) after giving Naloxone HCl Nasal Spray.
  - Watch person closely
  - If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. Naloxone HCl Nasal Spray may be dosed every 2-3 minutes, if available
  - Repeat step 2 using a new Naloxone HCl Nasal Spray to give another dose into the other nostril

3. Provide rescue breathing using a disposable rescue breathing device, chest compressions, or full cardiopulmonary resuscitation (CPR) based on the training and abilities of the responder or follow the instructions of the 911 dispatcher.

**Post Event Actions**

After administration of naloxone, the school nurse or other staff will follow the Illinois State Board of Education reporting protocols.

The school nurse/administration will:

- Ensure that the overdose victim was transported to the emergency department
- Document the event
- Complete incident report
- Notify appropriate student services
- Provide substance abuse prevention resources to the overdose victim and family, as appropriate
- Document use of Undesignated Naloxone to ISBE <https://www.isbe.net/Pages/School-Nursing.aspx>
- Replace Naloxone stock as soon as possible