



## Facilitating Attuned Interactions (FAN Approach)

Developed by Linda Gilkerson, P.h.D. and colleagues at the Fussy Baby Network within Erikson Institute

**The FAN is a conceptual model and practical tool for *family engagement and reflective practice* that will help practitioners:**

- Improve their ability to read parents' cues and respond with interventions that match what parents most need moment-to-moment
- Recognize and regulate their own feelings when working with families to build their reflective capacity
- Improve the relationship they have with harder-to-engage families
- Enhance their ability to provide attuned developmental information in a way that increases parental capacity

**The FAN Approach can also serve as a framework for Reflective Supervision and help supervisors:**

- Read practitioners' cues during supervision and match their responses to the practitioners' concerns
- Create more opportunities during supervision for practitioners to reflect upon their own feelings and experiences during visits; and use these reflections to engage with families with new awareness
- Use reflective tools to help practitioner's communicate more effectively with parents

**The FAN Approach also provides a structure for work with parents and supervision sessions which helps:**

- Prepare clinicians and supervisors to be fully present
- Clinicians and supervisors understand the "felt experience" of the person(s) receiving support
- Clinicians and supervisors share power and collaborate with each other and parents
- To share power and collaborate
- Build clinician and parent capacity for reflective functioning

**For additional information, please contact:**

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