The Key to Social Emotional Development, Learning and Competency

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Pyramid Model Slides Courtesy of Amanda Quesenberry, PhD
Theory of Change

• Attuning to parents promotes positive relationships that lead to healthy development of families and infants.

• Nurturing and responsive relationships among adults and children is essential for Social Emotional Development and Learning
Facilitating Attuned Interactions (FAN)
Tori Torrence-Graham, MSW
• Academic Programs
  • Master’s Degrees
  • Certificate Programs
  • Ph.D. Program

• Research
• Service

Erikson.edu
Fussy Baby Network

- National model prevention program
- FAN Approach to Family Engagement and Reflective Practice
- International Network
  - Program sites
  - Infusion sites
  - Systems sites
Normal Crying Curve

12 weeks

6 weeks

Figure 5.2. Developmental Crying Curve in a Representative Sample.

Note. Age-dependent daily duration of crying and fussing in a representative sample (means and individual variability). (Modified according to Barr, 1990.)
Meaning to the Parent

Is my baby’s crying a worry or concern for me?

http://www.helpguide.org
Recognition of Inner Experience

http://alphamom.com/parenting/baby/baby-slit-up/
FAN Theory of Change: Attunement

“When someone feels truly understood, “known,” the attunement that occurs creates a space where it is possible to try new ways of interacting.”

FAN Approach Supports “How You Do the Work”

Fussy Baby Network® FAN
Facilitating Attuned Interactions

- **THINKING**
  - Collaborative Exploration
    - ARC Middle
    - Affect Contained Understanding baby together
  - Capacity Building
    - Parent attuned to baby
    - Parent helping baby
    - Parent ready to try a new way
    - Capacity Building Moment
    - Angel moment
  - Integration
    - ARC End
    - Insight/discovery “aha” moment

- **DOING**
  - Empathic Inquiry
    - ARC Beginning
    - Verbal/non-verbal intense feeling
  - Mindful Self-Regulation
    - ARC Pre-contact
    - Visitor feels dysregulated

- **FEELING**

- **CALMING**

- **REFLECTING**

**Parents’ Concern**

- Increase Parental Confidence
- Strengthen Parent-Infant Relationship
- Promote Healthy Development of Parents & Infant

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Erikson Institute Fussy Baby Network
What we know from EBP... Earlier is better
What we know from EBP...

Family support matters
Teachers and families can provide supports in natural environments.
EBP (Evidenced Base Practices)

• What does ESSA (Every Student Succeeds Act) say about EBP?

• What did NCLB (No Child Left Behind Act) say about EBP?
NCLB – Required Scientifically Based

**Grounded in Research** “… means research that involves the application of rigorous, systematic, and objective procedures to obtain reliable and valid knowledge relevant to education activities and programs.”

*(No Child Left Behind Act of 2001)*
ESSA – Evidenced Based Practices

**ESSA** has replaced “scientifically-based research” with “evidenced based” to help ensure that practices being implemented are proven to be effective in leading to and sustaining student outcomes, namely improving student achievement.

*(Every Student Succeeds Act, 2015)*
When EBP are being used with fidelity...

**Increase in:**
- Positive peer relationships including understanding of friendship, cooperation, and sharing
- Self-control, self-monitoring, self-correction and improved social-emotional health
- Academic success
The Pyramid Model: Promoting Social and Emotional Competence

- **Universal:** All Children
- **Secondary:** Some Children
- **Tertiary:** Few Children

**Effective Workforce**
- Nurturing and Responsive Relationships
- High Quality Supportive Environments
- Targeted Social Emotional Supports
- Intensive Intervention

**Intervention**
- Assessment based intervention that results in individualized behavior support plans
- Systematic approaches to teaching social skills can have a preventive and remedial effect
- High Quality early childhood environments promote positive outcomes for all children
- Supportive responsive relationships among adults and children is an essential component to improve healthy social-emotional development

**Promotion**
- Systems and policies promote and sustain the use of evidence-based practices

**Prevention**
Intensive Intervention
- Systematic approaches to teaching social skills can have a preventive and remedial effect

Targeted Social Emotional Supports
- High-quality early childhood environments promote positive outcomes for all children
- Supportive responsive relationships among adults and children are essential for emotional development

High Quality Supportive Environments
- Systems and policies promote and sustain the use of evidence-based practices

Nurturing and Responsive Relationships

Effective Workforce
Illinois Frameworks/Initiatives/Mandates, etc.

A comprehensive approach is necessary.
When evidence based practices are implementing as separate systems we are unable to sustain fidelity of practices. We are therefore unable to sustain positive outcomes for children and families.
Solution: We need a Platform or a System
A system-wide approach that builds a district’s/school’s/program’s capacity to improve outcomes for ALL students through implementation of Evidence Based Practices (EBPs).
Illinois MTSS Definition

A Multi-Tiered System of Supports
is a systemic, prevention-focused, and data-informed framework for continuous improvement
providing a continuum of supports
for ALL learners.
Students succeed when evidenced based practices match their needs

• Academic
• Behavioral
• Social-Emotional
• Cultural
• Environmental
• Wellness

Centered around the Whole Child
ESSA and MTSS

ESSA provides greater flexibility to states in determining specific practices and service delivery models to improve school climate, increase school safety, and expand access to comprehensive learning supports. MTSS enables the integration of multiple school improvement efforts and represents an effective strategy.

www.nasaponline.org
We CAN do it All

Resources

Early Childhood Center of Professional Learning
www.EClearningIL.org (MTSS Webinars – 11/1/18 & 11/13/18) (MTSS Illinois Principal’s Academy – 2/20/18)

Erikson Institute: https://www.erikson.edu/fussy-baby-network/

IL-MTSS N: http://www.ilmtss.net/

Pyramid Model Trainings: https://www.starnet.org/

CSEFEL (Center on the Social and Emotional Foundations for Early Learning: http://csefel.vanderbilt.edu/

Pyramid Model Consortium: http://www.pyramidmodel.org/
The Key to Social Emotional Development, Learning and Competency continued

Up Close and Personal Conversation: Focus Group Session
6-14-18
11:15 – 12:15
Spread the wealth of your team across the variety of sessions that are being offered.
We Thank You
Have a Blessed evening...looking forward to tomorrow